

DISC Take Flight Personality Program

The DISC Take Flight Program is different from any other personality program you've experienced. In contrast to Myers-Briggs and traditional DISC training programs, the Take Flight Program is a high energy training experience, linking individuals and styles to four birds. Letters are not memorable - the birds are. Participants instantly connect with the birds they represent. The lessons and advice given in this training will leave a lasting impression on your employees.



Dominant: "D" Eagles are daring, decisive, direct and driven.

Interactive: "I" Parrots are imaginative, influential, intuitive and inspirational.

Supportive: "S" Doves are sincere, steadfast, sympathetic and satisfied.

Conscientious: "C" Owls are cautious, critical, compliant and consistent.

Program Length

½ day training - includes introduction to the styles, engaging activities, adapting to the styles and action planning

full day training - expands to core principles of applying the styles in action, team dynamics and understanding the styles in pressure situations

Impact of the DISC Take Flight Program

- Increased self-awareness, allowing an individual to recognize and manage their challenges
- Promotes teamwork at every level in the organization
- Improved manager performance, communication and team morale
- Enhanced company culture with employees showing respect for individual differences, improved collaboration and stronger results

Program Highlights & Benefits

- Interactive training filled with group exercises, individual reflections and constant engagement
- Learning and reflection on the individual's personality - focusing on their style strengths & weaknesses
- Educating participants on adapting to the other styles - improving their ability to engage, perform, manage and lead
- Creation of new behaviors that help individuals build stronger relationships and drive better results
- Build upon key skills for communicating, listening, providing feedback, managing stress, dealing with change and managing time

About Career Univ

Career University provides guidance to organizations and individuals on all HR topics including training, job preparation and career exploration.

With nearly 15 years experience in all aspects of corporate HR at Fortune 500 companies, Katie Travia customizes all offerings to her client's needs. Katie is a certified DISC Take Flight facilitator.

What bird are you?